

**Mindfulness in Daily Life Retreat
Sept. 12 to 18, 2010**

Registration Form

Please complete this registration form and mail to:
Lise Andrée Payette, 1484, rue Caverley, Ottawa, ON K1G 0Y1.

Please include your payment of \$75.00 made out to True North Insight to reserve your spot.

Please note that your space will only be confirmed upon receipt of your application and cheque.

Name: _____

Address: _____ Postal Code: _____

Phone: H: _____ Work: _____

E-mail address: _____

Food allergies: _____

Are there any dates when you cannot provide dinner? _____

Can you drive someone else? _____

From what area? _____

Weekday morning: _____ Evening: _____

Saturday and Sunday: _____

Do you need a ride? _____

From what area? _____

Weekday morning: _____ Evening: _____

Saturday and Sunday: _____