



**True North Insight Registration Form**

**Please complete in full and print clearly. Mail it with deposit or full payment to:**  
True North Insight, P.O. Box 1211, Hudson, Quebec, Canada J0P 1H0

Course Code \_\_\_\_\_ Retreat Dates: From \_\_\_\_\_ To \_\_\_\_\_ Deposit \$ \_\_\_\_\_

Name \_\_\_\_\_ Sliding Scale Amount You Will Pay \$ \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Prov. \_\_\_\_\_ Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Telephone (home) \_\_\_\_\_ (work) \_\_\_\_\_ (cell) \_\_\_\_\_

E-mail: \_\_\_\_\_ Gender \_\_\_\_\_ Year of birth \_\_\_\_\_

Emergency contact person and phone number \_\_\_\_\_

I need a ride: Yes \_\_\_\_\_ No \_\_\_\_\_ (We will try to arrange a ride but cannot guarantee it.)

I can offer a ride to \_\_\_\_\_ other people from \_\_\_\_\_ area.

I snore: Yes \_\_\_\_\_ No \_\_\_\_\_ (for room assignments)

Family or friends also coming \_\_\_\_\_

Have you previously practiced insight meditation (vipassana)? If so, with which teachers, where and for how long?

Have you practiced any other type of meditation? If so, please give details.

Please indicate any physical disabilities or special needs to assist in assigning your room.

\_\_\_\_\_

**Meals** will be vegetarian with dairy and eggs. Galilee cannot always accommodate special needs. If you have any special dietary needs for health reasons, please explain here: \_\_\_\_\_

I would like to contribute an additional amount of \$ \_\_\_\_\_ to the TNI Scholarship Fund (optional).

**Late Registration Fee:** For registrations postmarked less than 14 days before the start of a retreat, add \$30 to the sliding scale fee you are paying.

**Cancellation Fees:** Please contact us as soon as possible if you need to cancel. Fees are \$50 if you cancel four or more weeks before a retreat begins. Your deposit is forfeited after that.

**Please make cheques payable to: True North Insight**

*IMPORTANT: Please do not wait until the last minute to register as space is limited.*

Your name, address, phone number and email address will be entered into our computer database so you can receive information about future retreats. If you do not want to be on this mailing list, please check here \_\_\_\_\_.